

Island Fresh Sandwiches

Served from 10AM to 5PM

Smoked Bacon and Pear

Island double-smoked bacon, pear and Havarti cheese with our herb aioli on rosemary focaccia. 15.99. Add chicken 3.99

Gourmet Grilled Cheese

Melted provolone, aged cheddar & Havarti on a whole wheat baguette with our house herb aioli. 14.99

Grilled Vegetable Panini

Roasted red peppers, grilled zucchini, grilled red onions, Italian tomato pesto, avocado spread, Havarti cheese on a whole wheat baguette. 14.99 Add chicken 3.99

Montreal Smoked Meat Panini

Smoked meat, red pepper aioli, tomato, aged cheddar on a whole wheat baguette. 15.99

BLT

Island smoked bacon, tomato and fresh mesclun mix with herb aioli on toasted whole wheat bread. 14.99

Portobello Mushroom Panini

Grilled balsamic marinade, Portobello mushroom, roasted red peppers, spinach and Havarti cheese with our herb aioli on rosemary focaccia. 16.99

Casa Mia Club

Chicken, bacon, aged cheddar and tomatoes with herb aioli on a whole wheat baguette. 14.99

Smoked Salmon Bagel

Smoked salmon with dill cream cheese, finely chopped onions, capers and squeeze of lemon on a toasted whole wheat bagel. 15.99

Grilled Chicken and Apple

Grilled chicken, Havarti and apples with our house herb aioli on focaccia bread. 14.99

Grilled Chicken Caesar Wrap

Grilled chicken breast, mesclun mix, smoked bacon, Parmesan cheese with Caesar dressing on a whole wheat wrap. 13.99

Chicken Parmigiana Sandwich

Breaded chicken cutlet on an artisan baguette with zesty tomato sauce, mozzarella and provolone cheeses. 15.99

Daily Soup and Panini

Match any Panini with our chef's daily special soup creation. Guaranteed that you will love it! 18.99

Soup du Jour 5.99

Extra Sides

Fries 5.49 Sweet Potato Fries 6.99 Onion Rings 5.49 Casa Mia Hash Poutine 7.99

All the above sandwiches served with house salad with cherry tomatoes and our very own maple balsamic vinaigrette dressing or our House Black Bean Salad with peppers, onions, sweet corn and lemon vinaigrette.

Antipasti

Bruschetta

Arugula, diced tomatoes, basil, extra virgin olive oil, served on grilled crostini bread. 10.99

Cozze alla Marinara

PEI mussels sautéed in a garlic and fresh tomato broth. 16.99

Caprese Salad

Tomato, fresh fior di latte, basil, extra virgin olive oil, honey balsamic glaze and a sprinkle of oregano. 14.99

Giardiniera

Marinated grilled vegetables, arugula, goat cheese and chick peas. 14.99

Caesar Salad

Romaine lettuce, parmigiano cheese, Italian bread croutons with our own in-house creamy Caesar dressing. 14.99 Add Chicken 3.99 Add Bacon 2.99

Pasta

Penne Alla Vodka

Penne pasta with pancetta, onions, vodka rosata sauce. 17.99

Fettuccine Verdi

Fettuccine pasta with spinach, grilled chicken, pesto and goat cheese. 21.99

Spaghetti con Polpette

Spaghetti with beef and pork meatballs in a fresh tomato basil sauce. 18.99

Spaghetti Bolognese

Beef & pork meat with fresh tomato basil sauce. 17.99

Fettuccine Alfredo

Made with butter, parmesan cheese & cream. 15.99

Penne Rosato

Rich Italian tomato & cream sauce. 15.99

Island Fresh Favourites

Served from 10AM to 5PM

Other Favourites

Fish & Chips

Hand-battered haddock with fries, house tartar sauce and lemon wedges. 1 pc. 15.99 2 pc. 16.99 3 pc. 17.99

Spanish Pulled Pork Panini

Slow-roasted pulled pork made with our own in-house BBQ sauce, topped with cheddar, served with fries. 15.99

Calamari Fritti

Deep-fried calamari lightly dusted with flour, served with our in-house herb lime aioli. 15.99

Crispy Fried Breaded Chicken Wings

Always a favourite served with a small side house salad. Your choice of Thai, honey garlic, mild, medium or sea salt & black pepper. 16.99

Fish Tacos

Soft corn tortillas filled with grilled fish, tomato, chipotle sauce, red onions, romaine lettuce. Served with fries, onion rings or house salad. 21.99

Casa Mia Seafood Chowder

With Island potatoes, clams, haddock, shrimp, scallops, mussels and corn served with grilled focaccia bread. 14.99

Casa Mia Nachos

Nachos with Island ground beef, chopped tomatoes, sliced jalapeños, sliced black olives, green onions, Canadian cheddar cheese blend, tri-coloured corn chips, side salsa and sour cream. 17.99

Add chicken 3.99 Add our own slow-roasted pulled pork 3.99

Classic Casa Mia Italian Burger

Served on a brioche bun, spring mix, two 3-oz. patties, fresh tomato, in-house herb aioli, fresh red onion, in-house BBQ sauce, pickles, cheddar cheese, bacon and fries. 15.99

Chargrilled Chimichurri Steak Tacos

Soft corn tortillas, steak, tomato, chipotle sauce, red onions, romaine lettuce. Served with fries, onion rings or house salad. 21.99

Salads

Café Cobb Salad

Grilled chicken, smoked bacon, egg, cherry tomatoes and cucumber on a bed of spring mix with our creamy herb dressing. 14.99

Grilled Chicken Mango Curry Salad

Grilled chicken on a bed of spring mix with dressed with mandarin oranges, toasted almonds and a sweet mango curry dressing. 14.99

Mediterranean Chickpea Salad

Chickpeas with lemon vinaigrette, fresh parsley, cherry tomatoes, feta and spinach. 14.99

Grilled Beef Salad

Chimichurri tenderloin skewers with grilled red onion, cucumber, tomatoes and spring mix with our creamy house herb dressing. 15.99

Black Bean Salad

Marinated black beans with corn, spring green onion, green and red peppers in our in-house lemon vinaigrette with feta cheese. 13.99

Greek Salad

Includes lettuce, tomato, cucumber, red onions, green pepper, Kalamata black olives, feta cheese with your choice of Greek or lemon vinaigrette dressing. 14.99

Grilled Chicken and Apple Salad

Grilled chicken, green apple slices, raisins, cranberries, feta cheese, pecans and our own house dressing. 14.99

Arugula Pear Salad

Arugula, baby spinach, Gorgonzola cheese, pear, walnuts and lemon vinaigrette. 14.99

Kid's Corner

(12 and Under Only)

Mac & Cheese

Homestyle mac & cheese with cream. 8.99

Grilled Cheese

Made with cheddar cheese and your choice of white or whole wheat bread. 8.99

Chicken Fingers

Breaded chicken strips with all white meat with fries, served with BBQ sauce. 8.99

Kid's Spaghetti and Meatballs

Spaghetti with beef and pork meatball in a fresh tomato basil sauce. 9.99

All Kid's meals include milk or juice

Beverages

Espresso 3.49

Double Espresso 3.89

Cappuccino 5.89

Cafe Latte 5.89

Cafe Mocha 5.89

Macchiato 3.79

Cafe Americano 3.89

Blue Milano Regular Coffee 2.89

French Roast Regular Coffee 2.89

Hot Chocolate 4.29

Smoothies 5.99

Steamers 4.89

Chai Latte 5.89

Mighty Leaf Tea 2.99

Bottled Water 1.99

Soft Drinks 2.89

Fruit Juice 3.29

Perrier 3.49

Iced Latte 5.89

Iced Coffee 2.99

Milkshakes 6.99