

Island Fresh Breakfast

Casa Mia Hash Island sausage, pan tossed potato hash with caramelized onions and just the right amount of butter, two eggs sunny side up served with whole wheat toast. 9.99

Old World Buttermilk Pancakes with maple syrup and grilled Island sausage, fresh strawberries and whipped cream. 9.99

Stuffed French Toast Stuffed with apples and cinnamon, topped with our own house caramel sauce and grilled Island sausage. 8.99

Casa Mia Melt grilled black forest ham, oven melted provolone cheese and a fried egg with our house herb aioli on a freshly baked croissant. Served with our famous potato hash. 8.99

Vegetarian Omelette with brie, cherry tomato, spinach and mushrooms. Served with whole wheat toast. 9.99

Huevos Rancheros ranchero sauce, roasted corn, Island sausage, black beans and two eggs any style. Served with whole wheat toast. 8.99

Eggs Benny grilled black forest ham, three eggs on toasted whole wheat baguette with hollandaise and our very own potato hash. 10.99

Island Country Breakfast 3 eggs any style with grilled Island sausage, smoked bacon, pan tossed potato hash with caramelized onions and whole wheat toast. Sure to satisfy any appetite 11.99

Farmer's Market Omelette with grilled peppers, mushrooms, spinach, ham and aged cheddar, smoked bacon. Served with our potato hash and whole wheat toast. 11.99

Casa Mia Steak & Eggs 4 oz. grilled tenderloin, 2 eggs any style, served with our potato hash and whole wheat toast. 12.99

Classic Cheese Omelette your choice of cheddar, provolone, havarti or feta cheese in a fluffy three egg creation 10.99

Green Eggs & Ham Omelette spinach, green peppers, green onions, smoked ham served open face with cheddar cheese and cilantro pesto. 10.99

Bacon & Cheddar Omelette Smoked bacon and aged cheddar make for the perfect breakfast! Served with potato hash and whole wheat toast. 9.99

The Ultimate Omelette create your own 3 egg omelette with your choice tomatoes, onions, peppers, spinach, green onions, bacon, provolone, havarti, cheddar and feta. Served with island grilled sausage potato hash and whole wheat toast. 12.99 (pick any 5 ingredients, 1.75 for each additional item).

Eggs Any Style 2 eggs any style served with bacon or Island grilled sausage and whole wheat toast. 6.99 one egg 5.99

Mornings

Assorted Muffins freshly baked every morning. Morning glory, banana & blueberry. 1.99

Croissants freshly baked during the day. 1.99

Benny on the Run Fried egg, grilled ham and hollandaise sauce on english muffin. 3.99

Granola house-made cranberry-almond granola with vanilla yogurt and seasonal fruit. 5.99

Breakfast Sandwich Fried egg, cheddar cheese, grilled ham on a toasted bagel or english muffin. 3.99 with medium coffee to go 4.99

Sides Grilled Island sausage, side hash, smoked bacon, toast, bagel or english muffin 2.99

Reserve your breakfast meeting with us, you take care of business we will take care of breakfast

Island Fresh

Sandwiches

Double-Smoked Bacon & Pear Island double smoked bacon, pear and havarti cheese with our herb aioli on rosemary focaccia bread. 10.99

Gourmet Grilled Cheese melted provolone, aged cheddar and havarti on whole wheat baguette with our house herb aioli. 7.99

Grilled Vegetable Panini roasted red peppers, grilled zucchini & red onions, italian tomato pesto, avocado spread, havarti cheese on a whole wheat baguette. 8.99

Montreal Smoked Meat Panini smoked meat, house made red pepper aioli, tomato, aged cheddar on a whole wheat baguette. 9.99

Cuban Panini black forest ham, prosciutto, provolone cheese, tomato and spicy mustard aioli on whole wheat baguette that's pressed to perfection. 9.99

BLT Island smoked bacon, tomato, lettuce and house made herb aioli on focaccia bread. 8.99

Mediterranean Panini hummus, roasted red peppers, capers, feta cheese on focaccia bread. 8.99

Portobello Mushroom Panini grilled portobello mushroom, roasted red peppers, spinach and havarti cheese with our herb aioli on focaccia bread. 9.99

Pulled Pork Panini slow oven roasted pork with our very own coffee BBQ sauce served with fresh slaw & pommes frites on whole wheat baguette. 12.99

Casa Mia Seafood Chowder cream, potatoes, clams, haddock and corn. 7.99

Grilled Beef Tenderloin with caramelized onions, aged cheddar, chive aioli served with pommes frites on whole wheat baguette 12.99

Fresh PEI Lobster Club with lobster, smoked bacon, tomatoes, organic greens, chive aioli served with house salad on rosemary focaccia. 13.99

Casa Mia Club chicken, black forest ham, brie and tomatoes with herb aioli on whole wheat baguette. 10.99

Smoked Salmon Bagel Atlantic salmon with cream cheese, finely chopped red onions, capers on a toasted whole wheat bagel. 9.99

Grilled Chicken & Apple grilled chicken, brie, apple and our chive aioli on focaccia. 10.99

Grilled Chicken Caesar Wrap grilled chicken breast, organic greens, smoked bacon, parmesan cheese with our house caesar dressing on a whole wheat wrap. 7.99

California Vegetarian Wrap seasoned grilled vegetables tossed in extra virgin olive oil, baby spinach, avocado aioli and tomatoes on a whole wheat wrap 8.99

Greek Chicken Wrap with olives, baby spinach, feta cheese, tomatoes, red pepper aioli, capers on whole wheat wrap. 9.99

Daily Soup & Panini match any panini (under 10.99) with our chef's daily soup creation. Guaranteed that you will love it! 12.99

Chef's Daily Creation Soup of the day 4.99

All above sandwiches served with house salad with our very own secret balsamic maple vinaigrette dressing

Corporate Catering at your office or ours. Boardroom for 12 people upstairs book it with us

Sign up to receive daily specials at casamiacafe.ca. Automatic draw from our mailing list "lunch with a friend"

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Other Favourites

Casa Mia Burger fresh island beef, tomato, organic greens and brie with roasted red pepper aioli on rosemary focaccia served with our golden house frites. 11.99 add bacon or extra cheese 1.99

Fish & Frites 2 pieces of hand battered haddock with our golden house frites and with house tartar sauce. 12.99 make it a 3 piece for an additional 1.99

Grilled Mediterranean Pizza with roasted red peppers, grilled zucchini, kalmata olives, feta and tomato pesto with olive oil. 11.99

Salads

Bistro Salad baby greens with cranberries, feta cheese, almonds tossed with our own maple vinaigrette. 9.99

Greek Salad baby greens, black olives, cherry tomatoes, feta cheese and red peppers with our own lemon oregano vinaigrette. 8.99 add chicken 1.99

Spinach Salad with seasonal fruit, almonds and house raspberry vinaigrette. 6.99 add chicken 1.99

Black Bean Salad black beans, roasted corn, red peppers, feta cheese and spinach with our lime vinaigrette. 8.99

Grilled Chicken Mango Curry Salad on baby greens, mandarin oranges, almonds and sweet mango curry dressing. 8.99

Add Chicken to salads above for 1.99

Desserts

Chocolate Truffle Cake dark and white chocolate with layers of marble cake finished with chocolate ganache. 4.99

Pecan Pie Southern Style Loaded with pecans and drizzled with caramel in a buttery pastry. 3.99

Raspberry Almond Flan Almond flavoured pastry with a delicious raspberry filling and an apricot glaze. 3.99

New York Cheesecake New york cheesecake-need we say more ! 3.99

Chef's Corner

Antipasto Chicken Salad Grilled chicken, feta cheese, roasted peppers, zucchini and baby spinach with lemon oregano dressing. 10.99

Pan Seared Haddock Salad cherry tomatoes, Island potatoes, baby mixed greens with lemon caper vinaigrette. 12.99

Smoked Salmon BLT Atlantic salmon, Island smoked bacon, cherry tomatoes, baby greens, herb aioli on rosemary focaccia. 12.99

Montreal Smoked Meat Hash with Island sausage, pan tossed potato hash, Montreal smoked meat with caramelized onions and just the right amount of butter, two eggs sunny side up served with whole wheat toast. 10.99

Kid's Corner

Grilled Burger with cheese served with buffalo chips. 4.99

Cheese Pizza thin crust, tomato sauce and cheese simple but great! 5.99

Grilled Chicken Wrap Chicken cheddar cheese, mayo, and lettuce on a whole wheat wrap. 4.99

Junior Hash one egg any style with junior Casa Mia hash and Island sausage. 4.99

Beverages

Espresso 1.99

Dbl Espresso 2.29

Cappuccino 3.79

Cafe Latte 3.89

Cafe Mocha 3.99

Macciato 2.29

Cafe Americano 2.89

Blue Milano regular coffee 2.29

French Roast

regular coffee 2.29

Hot Chocolate 2.79

Steamers 2.79

Chai Latte 3.99

Mighty Leaf Tea 2.29

Bottled Water 1.79

Soft Drinks 2.29

Fruit Juice 2.29

Perrier 2.99

Fuze 2.99

Iced Latte 3.99

Iced Mocha 3.99

Iced Coffee 2.29

Milkshakes 3.99