

Casa Mia Café

Island Fresh Breakfast

Casa Mia Hash

Grilled Island sausage, PEI pan tossed potato hash with caramelized onions and just the right amount of butter, two eggs sunny side up served with whole wheat toast. 9.99

Old World Buttermilk Pancakes

With fresh strawberries, whipped cream and grilled Island Sausage and pancake syrup. 10.99

Stuffed French Toast

Stuffed with maple cream cheese, topped with our fruit compote and grilled Island sausage. 9.99

Casa Mia Melt

Grilled black forest ham, oven melted provolone cheese and a fried egg with our house herb aioli on a freshly baked croissant. Served with our famous potato hash. 9.99

Vegetarian Omelette

With three eggs, tomatoes, spinach, mushrooms, aged cheddar with potato hash. Served with whole wheat toast. 10.99

Casa Mia Eggs Benny

Grilled black forest ham, three eggs on toasted whole wheat baguette with hollandaise and our very own potato hash. 10.99 Add smoked salmon 3.99

Island Country Breakfast

Three eggs any style with grilled Island sausage, smoked bacon, pan tossed potato hash with caramelized onions and whole wheat toast. Sure to satisfy any appetite. 11.99

Farmer's Market Omelette

With three eggs, grilled peppers, mushrooms, onions, tomatoes, spinach, ham and aged cheddar and smoked bacon. Served with our potato hash and whole wheat toast. 11.99

Casa Mia Chimichurri Beef Tenderloin & Eggs

Chimichurri beef tenderloin tips, 2 eggs any style, served with our potato hash & whole wheat toast. 12.99

Classic Cheese Omelette

Your choice of cheddar, provolone, havarti or feta cheese in a fluffy three-egg creation. 10.99

Green Eggs & Ham Omelette

Three eggs, spinach, green onions, green peppers and black forest ham with aged cheddar cheese and cilantro pesto, potato hash and whole wheat toast. 11.99

Bacon & Cheddar Omelette

Smoked bacon and aged cheddar make for the perfect breakfast! Served with potato hash and whole wheat toast. 10.99

Potato Breakfast Cakes

Crispy potato, black forest ham, cheddar and green onion cakes with hollandaise sauce and side salad. 9.99

Eggs Any Style

Two eggs any style served with bacon or grilled Island sausage and whole wheat toast. 6.99, one egg 5.99

Belgium Waffles

Two Belgium waffles with blueberry and strawberry sauce, fresh whipped cream and grilled Island sausage. 10.99

Granola

House-made cranberry-almond granola with vanilla yogurt and seasonal fruit. 5.99

Mornings

Assorted Muffins

Freshly baked every morning. Morning Glory, Banana & Blueberry. 1.99

Croissants

Freshly baked during the day. 1.99

Benny on the Run

Fried egg, grilled ham and hollandaise sauce on english muffin. 3.99

Breakfast Sandwich

Fried egg, grilled black forest ham and aged cheddar cheese on a toasted bagel. 3.99

Omelette Wrap

Two egg omelette with aged cheddar and black forest ham on a grilled whole wheat tortilla pressed and ready to go. 4.99

Morning Sides – 2.99

Grilled Island Sausage

Pan Tossed Potato Hash

Three Strips Smoked Bacon

Whole Wheat Toast

Toasted Bagel

Toasted English Muffin

Side of Fruit (Apple, Strawberry, Pear and Mandarin Oranges)

Bowl of Yogurt

Sliced Tomatoes

Grilled Ham

Reserve your breakfast meetings with us, you take care of business we will take care of breakfast.

Casa Mia Café

Island Fresh Sandwiches

Double-Smoked Bacon & Pear

Island double smoked bacon, pear and havarti cheese with our herb aioli on rosemary focaccia bread. 10.99

Gourmet Grilled Cheese

Melted provolone, aged cheddar and havarti on whole wheat baguette with our house herb aioli. 8.99
Add bacon and tomato for 1.99

Grilled Vegetable Panini

Roasted red peppers, grilled zucchini and red onions, Italian tomato pesto, avocado spread, havarti cheese on a whole wheat baguette. 9.99 Add chicken 1.99

Montreal Smoked Meat Panini

Smoked meat, house made red pepper aioli, tomato, aged cheddar on a whole wheat baguette. 9.99

Cuban Panini

Black forest ham, crispy prosciutto, provolone cheese, tomato and spicy mustard aioli on a whole wheat baguette that's pressed to perfection. 9.99

BLT

Island smoked bacon, tomato and fresh baby greens with herb aioli on rosemary focaccia bread. 9.99

Portobello Mushroom Panini

Grilled portobello mushroom, roasted red peppers, spinach and havarti cheese with our herb aioli on rosemary focaccia bread. 9.99

Casa Mia Club

Chicken, black forest ham, aged cheddar and tomatoes with herb aioli on whole wheat baguette. 10.99

Smoked Salmon Bagel

Kim Dormaar's Island smoked salmon, with dill cream cheese, finely chopped red onions, capers and a squeeze of lemon on a toasted whole wheat bagel. 10.99

Grilled Chicken & Apple

Grilled chicken, havarti and apples with our house herb aioli on focaccia bread. 10.99

Grilled Chicken Caesar Wrap

Grilled chicken breast, organic greens, smoked bacon, parmesan cheese with our house caesar dressing on a whole wheat wrap. 8.99

Greek Chicken Wrap

With olives, baby spinach, feta cheese, tomatoes, red pepper aioli, capers on whole wheat wrap. 9.99

Grilled Beef Tenderloin

Grilled tenderloin skewer with caramelized onions, aged cheddar, chive aioli served with golden house frites on whole wheat baguette. 12.99

Italian Muffaletta Panini

Black forest ham, crispy prosciutto, cappacolla and provolone cheese on rosemary focaccia with tomato-caper pesto and oregano dressing. 11.99

Vietnamese Bahn Mi

Grilled chicken, carrot cucumber slaw and ginger sesame aioli with spinach on a whole wheat baguette with side salad. 10.99

Daily Soup & Panini

Match any panini (under 10.99) with our chef's daily special soup creation. Guaranteed that you will love it! 12.99

Vegetarian Menu

Moroccan Chickpea Wrap

Crispy chickpea patties spiced with curry and cilantro in a whole wheat wrap with red pepper aioli, tomatoes and fresh greens. 10.99

Artichoke Antipasto Panini

With roasted red peppers, grilled onions, feta cheese and tomato-basil pesto on rosemary focaccia. 10.99

Apple, Carmelized Onion and Aged Cheddar Panini

Crisp green apples, caramelized onions and aged cheddar with herb aioli on rosemary focaccia. 10.99

Cucumber, Hummus and Cream Cheese Panini

With fresh dill, baby spinach on whole wheat baguette. 10.99

Italian Roma Panini

With With tomatoes, provolone and tomato-basil pesto with baby spinach, herb aioli on rosemary focaccia. 10.99

Casa Mia Veggie Stack

Tomato, cucumber, red pepper, red onion, avocado spread, cheddar cheese, button mushrooms and herb aioli on rosemary focaccia. 10.99

All the above sandwiches served with house salad with our very own secret balsamic maple vinaigrette dressing, or our *NEW* house black bean salad with peppers, onions, sweet corn and lemon vinaigrette.

Catering at your office or ours. Boardroom for 12 people upstairs – book it with us.

Casa Mia Café

Other Favourites

Casa Nova Burger

8 oz. of Island beef with garlic and fresh herbs, aged cheddar, grilled red onions and our cajun coffee BBQ sauce on rosemary focaccia served with side salad or our golden house frites. 11.99

Fish & Frites

Two pieces of hand-battered haddock with our golden house frites or side salad with house tartar sauce. 12.99

Make it a three piece for an additional 1.99

Casa Mia Seafood Chowder

With Island potatoes, clams, haddock and corn served with grilled focaccia bread. 7.99

Chef's Daily Creation

Soup of the Day 4.99

Salads

Asian Tiger Salad

Grilled tiger shrimp, cilantro, rice noodles, cucumber and sweet peppers with baby greens and Asian sesame vinaigrette. 11.99

Cafe Cobb Salad

Grilled chicken, smoked bacon, egg, tomatoes and cucumber on baby greens with our creamy house herb dressing. 10.99

Grilled Chicken Mango Curry Salad

On baby greens with mandarin oranges, toasted almonds and sweet mango curry dressing. 10.99

Mediterranean Chickpea Salad

Chickpeas with lemon vinaigrette, fresh parsley, cherry tomatoes, feta and baby spinach. 9.99

Grilled Beef Salad

Chimichurri tenderloin skewer with grilled red onion, cucumber, tomatoes and baby greens with our creamy house herb dressing. 11.99

Black Bean Salad

With baby spinach, black beans, corn, onions and lemon vinaigrette, with feta cheese. 9.99

Desserts

Chocolate Truffle Cake

Dark and white chocolate with layers of marble cake finished with chocolate ganache. 4.99

Pecan Pie

Loaded with pecans and drizzled with caramel in a buttery pastry. 3.99

Strawberry Shortcake

Layers of light sponge cake with strawberries and vanilla whipped cream. 4.99

Carrot Cake

Moist layers of spiced carrot cake and decadent cream cheese icing, garnished with walnuts and shaved coconut. 4.99

New York Style Cheesecake

Creamy vanilla cheesecake with graham crust, topped with your choice of chocolate or caramel sauce. 4.99

Kid's Corner

Mac & Cheese

Homestyle with cream and Island cheddar cheese. 4.99

Cheese Pizza

Thin crust, tomato sauce and cheese, simple but great! 5.99

Grilled Cheese

With Island cheddar cheese and fresh whole wheat bread. 4.99

Grilled Chicken Wrap

With chicken breast, Island cheddar cheese, lettuce on a whole wheat wrap. 4.99

Junior Hash

One egg any style with junior Casa Mia hash and Island sausage and one whole wheat toast. 4.99

Beverages

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| Espresso 1.99 | Blue Milano Regular Coffee 2.29 | Soft Drinks 2.29 |
| Double Espresso 2.29 | French Roast Regular Coffee 2.29 | Fruit Juice 2.29 |
| Cappuccino 3.79 | Hot Chocolate 2.79 | Perrier 2.99 |
| Cafe Latte 3.89 | Smoothies 4.99 | Fuze 2.99 |
| Cafe Mocha 3.99 | Steamers 2.79 | Iced Latte 3.99 |
| Macciato 2.29 | Chai Latte 3.99 | Iced Coffee 2.29 |
| Cafe Americano 2.89 | Mighty Leaf Tea 2.29 | Milkshakes 3.99 |
| | Bottled Water 1.79 | |